Edition #45 October 2024

>>> NEWSLETTER <<<

CMDHD Today



TOP NEWS

Mosquito Pool in Arenac County Positive for Eastern Equine Encephalitis (EEE)

>>> Read More

A mosquito pool in Arenac County has tested positive for EEE, which means that the virus is present in our area and can be spread to people through mosquito bites. CMDHD urges everyone to take steps to protect themselves from mosquitoes and the viruses they carry.

Read More **<<<**

CMDHD is raising awareness about the importance of creating a safe sleep environment for infants. According to MDHHS, a Michigan baby dies every 2-3 days due to sleeping on soft bedding or on an adult bed, couch or sofa chair, with toys or blankets, with another person or on the stomach or side.

October is Infant Safe Sleep Awareness Month

Free Hearing and Vision **Screenings for School** Children

Vision tests are given to children in preschool, as well as in 1st, 3rd, 5th, 7th, and 9th grades. Hearing are done for children in preschool. tests kindergarten, 2nd, and 4th grades. Screenings are available at CMDHD clinics by appointment. Learn more here.

Children's Special Health Care Services (CSHCS)

CSHCS is a secondary insurance program helps with resources for those with long-term health conditions, up to age 26. Learn more about CMDHD's CSHCS program here.



Date/Time

January 17th 08:00am-11:30am **April 4th** 01:00pm-04:00pm July 10th

08:00am-11:30am

October 24th

01:00pm-04:00pm

Location

Central Michigan District Health Department 2012 E. Preston, Mount Pleasant, MI Door B



For more information: 989 817-7917 cdemers@1016.org



Seasonal Flu and COVID **Vaccine Clinics**

It's respiratory illness season, and that means it's time to protect yourself with an influenza shot and COVID CMDHD vaccine. has number community clinics available, including:

- Gladwin Flu Vaccination Clinic (10/1)
- Mt. Pleasant Flu/COVID Vaccination Clinic (10/1)
- Standish Flu/COVID Vaccination Clinic (10/14)
- Mt. Pleasant Flu/COVID Vaccination Clinic (10/17)
- Gladwin Flu Vaccination Clinic (10/24)
- Mt. Pleasant Immunization Clinic (10/28)
- Beal City Flu/COVID Vaccination Walk-in Clinic (11/4)
- Standish Flu/COVID Vaccination Clinic (11/19)

You may also visit our website to find a walk-in clinic near you.



Community Health Survey, conducted by MiThrive!

This survey is a chance for you to tell us what is most important to you. We are working to improve the health of communities in Northern Michigan by collecting data, identifying key issues, and bringing people together for change.

- Scan the QR code to get started or visit: https://northernmichiganchir.org/mithrive/mithrivecommunity-survey/
- Paper surveys are available upon request at participating MiThrive organizations.
- Runs through October 6th!

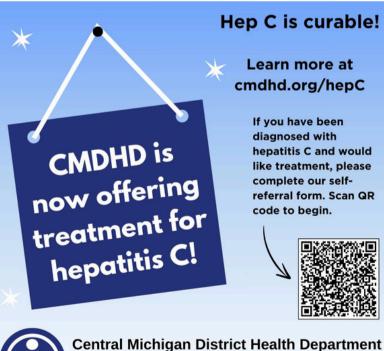


QUESTIONS?

Email: mithrive@northernmichiganchir.org

Emerging Communicable Diseases

- H5N1 Bird Flu: Current Situation
- Mumps Cases and Outbreaks
- Measles Cases and Outbreaks
- Pertussis Outbreaks
- Mpox information
- CDC Recommends Updated 2024-2025
 COVID-19 and Flu Vaccines for Fall/Winter
 Virus Season
- CMDHD COVID information, including testing
- Check your COVID home tests for extended expiration dates before you throw them away.
- Order 4 more free COVID home tests from https://covidtests.gov/.





Other Topics

- Adults over age 60 and pregnant people may be eligible for the RSV vaccine.
- 49 participate in CMDHD's 15th Annual Central Michigan HIV/AIDS 5K.
- Happy Holidays! CMDHD will be closed on 11/28-11/29 for Thanksgiving, and 12/24-1/1 for winter holiday break.



Don't stop be LEAFing in the flu vaccine.

Get your shot today!



When: Third Monday of each month

from 10-11:30am

Where: Gladwin County CAN Council Playgroup space (121 E. Cedar Ave.)

CMDHD's Breastfeeding Peer Counselors invite you to bring your kids so they can play while you chat with others who are breastfeeding.