

»»» NEWSLETTER «««

CMDHD Today

CENTRAL MICHIGAN DISTRICT HEALTH DEPARTMENT



CMDHD's 15th Annual Central Michigan HIV/AIDS 5K

TOP NEWS

Mosquito Pool in Arenac County Positive for Eastern Equine Encephalitis (EEE)

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A mosquito pool in Arenac County has tested positive for EEE, which means that the virus is present in our area and can be spread to people through mosquito bites. CMDHD urges everyone to take steps to protect themselves from mosquitoes and the viruses they carry.

Read More «««

CMDHD is raising awareness about the importance of creating a safe sleep environment for infants. According to MDHHS, a Michigan baby dies every 2-3 days due to sleeping on soft bedding or on an adult bed, couch or sofa chair, with toys or blankets, with another person or on the stomach or side.

October is Infant Safe Sleep Awareness Month

Free Hearing and Vision Screenings for School Children

Vision tests are given to children in preschool, as well as in 1st, 3rd, 5th, 7th, and 9th grades. Hearing tests are done for children in preschool, kindergarten, 2nd, and 4th grades. Screenings are available at CMDHD clinics by appointment. Learn more [here](#).

Children's Special Health Care Services (CSHCS)

CSHCS is a secondary insurance program helps with resources for those with long-term health conditions, up to age 26. Learn more about CMDHD's CSHCS program [here](#).

Seasonal Flu and COVID Vaccine Clinics

It's respiratory illness season, and that means it's time to protect yourself with an influenza shot and COVID vaccine. CMDHD has a number of community clinics available, including:

- [Gladwin Flu Vaccination Clinic \(10/1\)](#)
- [Mt. Pleasant Flu/COVID Vaccination Clinic \(10/1\)](#)
- [Standish Flu/COVID Vaccination Clinic \(10/14\)](#)
- [Mt. Pleasant Flu/COVID Vaccination Clinic \(10/17\)](#)
- [Gladwin Flu Vaccination Clinic \(10/24\)](#)
- [Mt. Pleasant Immunization Clinic \(10/28\)](#)
- [Beal City Flu/COVID Vaccination Walk-in Clinic \(11/4\)](#)
- [Standish Flu/COVID Vaccination Clinic \(11/19\)](#)

You may also visit [our website](#) to find a walk-in clinic near you.

2024 MEDICATION TAKE-BACKS



Isabella Substance
Awareness Coaliton

Date/Time

January 17th
08:00am-11:30am
April 4th
01:00pm-04:00pm
July 10th
08:00am-11:30am
October 24th
01:00pm-04:00pm

Location

*Central Michigan
District Health
Department
2012 E. Preston,
Mount Pleasant, MI
Door B*

MSHN
Mid-State Health Network



For more information:

989 817-7917 cdemers@1016.org

FEEDBACK

WE NEED YOUR FEEDBACK

Share your voice in the 2024 Northern Michigan Community Health Survey, conducted by MiThrive!

This survey is a chance for you to tell us what is most important to you. We are working to improve the health of communities in Northern Michigan by collecting data, identifying key issues, and bringing people together for change.

- Scan the QR code to get started or visit: <https://northernmichiganchir.org/mithrive/mithrive-community-survey/>
- Paper surveys are available upon request at participating MiThrive organizations.
- Runs through October 6th!

QUESTIONS?

Email: mithrive@northernmichiganchir.org

Emerging Communicable Diseases

- [H5N1 Bird Flu: Current Situation](#)
- [Mumps Cases and Outbreaks](#)
- [Measles Cases and Outbreaks](#)
- [Pertussis Outbreaks](#)
- [Mpox information](#)
- [CDC Recommends Updated 2024-2025 COVID-19 and Flu Vaccines for Fall/Winter Virus Season](#)
- [CMDHD COVID information, including testing](#)
- [Check your COVID home tests for extended expiration dates before you throw them away.](#)
- [Order 4 more free COVID home tests from https://covidtests.gov/.](https://covidtests.gov/)

Other Topics

- [Adults over age 60 and pregnant people may be eligible for the RSV vaccine.](#)
- [49 participate in CMDHD's 15th Annual Central Michigan HIV/AIDS 5K.](#)
- [Happy Holidays! CMDHD will be closed on 11/28-11/29 for Thanksgiving, and 12/24-1/1 for winter holiday break.](#)



Don't stop be**LEAF**ing
in the flu vaccine.

Get your shot today!

Hep C is curable!



Learn more at
cmdhd.org/hepC

If you have been diagnosed with hepatitis C and would like treatment, please complete our self-referral form. Scan QR code to begin.



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities

www.cmdhd.org



Are you currently
breastfeeding?

Join us in Gladwin!

**BREAST
FRIENDS**

Breastfeeding
Support Group



When: Third Monday of each month
from 10-11:30am

Where: Gladwin County CAN Council
Playgroup space (121 E. Cedar Ave.)

CMDHD's Breastfeeding Peer Counselors invite you to bring your kids so they can play while you chat with others who are breastfeeding.