



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



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PRESS RELEASE FOR LOCAL MEDIA

To: Local Media Outlets
From: Central Michigan District Health Department
RE: CMDHD Celebrating National Condom Week with Community Events
Release Date: February 6, 2025

CMDHD is Celebrating National Condom Week with Community Events

Central Michigan District Health Department (CMDHD) is celebrating National Condom Week: February 14-21. Events planned include testing for sexually transmitted infections (STIs) at Central Michigan University's Foust Hall and free condom distribution. National Condom Week is an annual observance that reminds the public to make informed choices about their sexual health and well-being.

"CMDHD is committed to promoting healthy lifestyles and empowering our community with the tools they need to make responsible decisions," said Anna Reetz, CMDHD Community Health Supervisor. As part of ongoing efforts to support sexual health, CMDHD offers a range of services:

- **Reproductive Health Education:** CMDHD provides education to help people make informed decisions about their reproductive health. Our devoted team offers resources and guidance on various contraceptive methods, family planning options, and responsible sexual behavior.
- **STI Screening:** CMDHD is dedicated to the prevention and control of STIs. We offer confidential STI screening services to identify and address potential health concerns. Early detection and treatment are crucial in preventing the spread of STIs and maintaining overall well-being.
- **Pregnancy Tests:** CMDHD offers confidential pregnancy tests. Our caring and supportive staff is available to provide guidance and information to those navigating the challenges associated with pregnancy.
- **Free Condoms:** CMDHD is pleased to offer free condoms to the community. Condoms are a proven and effective method of preventing pregnancies and reducing the risk of STIs. Stop by any of our branch offices to pick up free condoms or order condoms by mail by visiting <https://www.cmdhd.org/hp>.

CMDHD events planned for National Condom Week:

- Free condoms available at all CMDHD offices during regular business hours.

Please visit us online at www.cmdhd.org.

- STI testing at Foust Hall on February 19. Call 989-773-5921, ext. 1409 to make an appointment.

CMDHD encourages everyone to take charge of their sexual health. By promoting awareness, education, and access to essential services, we aim to create a healthier and more informed community.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

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To request an interview, please visit our website (cmdhd.org) and fill out the [Media Interview Request Form](#).



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