

»»» NEWSLETTER «««

CMDHD Today

CENTRAL MICHIGAN DISTRICT HEALTH DEPARTMENT



TOP NEWS

CMDHD Has Launched Hepatitis C Treatment Program

»»» **Read More**

The hepatitis C treatment program offers full care, including access to medication, monitoring, and support services to help people manage their condition effectively. This program is a critical step in addressing the growing burden of hepatitis C in Michigan.

Read More «««

Monitoring consists of weekly water sampling and testing for *E. coli*, posting results on the state website, and posting advisories at beaches with elevated *E. coli* results. Surface water contaminated with elevated levels of *E. coli* can result in illness, with symptoms including nausea, vomiting, diarrhea, and fever

CMDHD Monitoring Public Bathing Beaches for Unsafe Water

Guard Against Heat Related Illnesses

This summer's heat and humidity may quickly turn dangerous. [Learn the signs of heat exhaustion and heat stroke from the CDC.](#)

During heat waves, check on your loved ones and neighbors daily. Extreme heat can be hazardous for everyone, especially for older adults. Check the current heat risk in your area at the [CDC Heat Risk](#) page.

CMDHD's 15th Annual HIV/AIDS 5K Happening in September

The 15th Annual HIV/AIDS 5K Run/Walk presented by CMDHD is open for registration to participate in-person or virtually. Cost is \$25 each. [Sign up here.](#)



CENTRAL MICHIGAN DISTRICT HEALTH DEPARTMENT

15th Annual

Central Michigan HIV/AIDS 5k Run/Walk

Saturday, September 21st, 2024

Registration Opens 8:30 am Race Start Time 9:30 am

Island Park, West Pavilion
331 N. Main Street
Mt. Pleasant, MI 48858

<https://runsignup.com/Race/MI/MountPleasant/15thAnnualCentralMichiganHIVAIDS5k>

\$25 To Register

Register or Donate Online

Children Rates Available

Virtual Registration Option Available

T-Shirt Included

For More Information
Call (989) 773-5921 EXT 1460



CMDHD Offering Free Cable-Style Gun Locks at Branch Offices

CMDHD is offering FREE cable-style gun locks at our branch offices for homes where children are present, while supplies last.

Gun locks are being offered to help the public comply with a law went into effect on February 13, 2024 that requires firearms to be securely stored so that children cannot access them.

Recently, the US surgeon general declared gun violence a public health crisis.

Visit [our website](#) to find your nearest CMDHD office. Supplies are limited, so don't wait.

**2024
MEDICATION
TAKE-BACKS**

Isabella Substance Awareness Coaliton

Date/Time

Location

January 17th
08:00am-11:30am

Central Michigan
District Health
Department

April 4th
01:00pm-04:00pm
July 10th
08:00am-11:30am

2012 E. Preston,
Mount Pleasant, MI
Door B

October 24th
01:00pm-04:00pm

MSHN
Mid-State Health Network

For more information:
989 817-7917 cdemers@1016.org



Emerging Communicable Diseases

- [H5N1 Bird Flu: Current Situation](#)
- [MDHHS hotline for seasonal farmworkers provides bilingual information about influenza A \(H5N1\) in three languages](#)
- [Measles Cases and Outbreaks](#)
- [Whooping Cough \(Pertussis\) on the rise in Michigan](#)
- [Mpox information](#)
- [CDC Recommends Updated 2024-2025 COVID-19 and Flu Vaccines for Fall/Winter Virus Season](#)
- [CMDHD COVID information, including testing and vaccination clinics](#)
- [Check your COVID home tests for extended expiration dates before you throw them away.](#)
- [CMDHD offices have free COVID home tests.](#)



Tips to Prevent Foodborne Illness

As we gear up for outdoor gatherings and delicious barbecues, it's essential to understand the importance of food safety in preventing foodborne illness.

"It's crucial to follow simple yet effective practices to keep your food safe," said Steve King, CMDHD Environmental Health Director. "When you prioritize safety, you can significantly reduce the risk of foodborne illnesses when you grill."

Read CMDHD's [foodborne illness press release](#).

Other Topics

- [New drug showing up in illicit drug supply, resulting in overdose deaths across Michigan](#)
- [MDHHS is hosting two free virtual baby fairs in July for new/expecting parents](#)

Are you currently breastfeeding?

Join us in Gladwin!

BREAST FRIENDS

Breastfeeding Support Group

When: Third Monday of each month from 10-11:30am

Where: Gladwin County CAN Council Playgroup space (121 E. Cedar Ave.)

CMDHD's Breastfeeding Peer Counselors invite you to bring your kids so they can play while you chat with others who are breastfeeding.