



Central Michigan District Health Department

Promoting Healthy Families, Healthy Communities



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PRESS RELEASE FOR LOCAL MEDIA

To: Local Media Outlets
From: Central Michigan District Health Department
RE: CMDHD Reminding Parents of School Immunization Requirements
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CMDHD is Reminding Parents of School Immunization Requirements

As the new school year approaches, Central Michigan District Health Department (CMDHD) wants to remind parents about the immunization requirements for school. If your child is starting kindergarten, entering 7th grade, or changing school districts, it's important to know what vaccinations are needed.

Vaccinations help protect children from serious diseases like Tetanus, Pertussis (whooping cough), Diphtheria, Polio, Measles, Mumps, Rubella, Hepatitis B, Meningococcal, and Varicella (chicken pox). Making sure your child is up to date on these vaccines can keep them from getting sick and missing school. Detailed immunization requirements for preschool and school-age children can be found at [Michigan.gov](https://www.michigan.gov).

"Vaccines are one of the most effective ways to keep our children healthy and safe from preventable diseases," said Nichole Feltman, CMDHD Personal Health Director. "We want to provide parents with the information they need to make the best decisions for their families."

While CMDHD encourages vaccinations, we understand that the choice to vaccinate is a personal one for each family. We recommend parents research and consider the benefits of immunizing their children. Vaccines not only protect individual children but also help keep the whole community healthy by preventing the spread of diseases.

CMDHD offers immunizations for those who choose to vaccinate their children. We provide vaccinations by appointment and walk-in clinics, regardless of insurance coverage, and no child is turned away due to an inability to pay. Find clinic hours and additional information at www.cmdhd.org/child-immunizations. If you decide not to vaccinate, one of our registered nurses will discuss the benefits and risks with you before granting the required nonmedical waiver. Please note that medical waivers must be obtained from a physician.

Please visit us online at www.cmdhd.org.

As the school year approaches, please talk with CMDHD or your doctor to ensure your children meet the school immunization requirements. For more information, to set up an immunization appointment, or to discuss nonmedical waivers, contact the Personal Health department at (989) 314-7570.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. Visit our website at www.cmdhd.org and follow us on [Facebook](#) and [Instagram](#).

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To request an interview, please visit our website (cmdhd.org) and fill out the [Media Interview Request Form](#).



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